

Before each hydrotherapy session

- Please make us aware of medical conditions which your pet may have.
- Please toilet your pet before the session.
- Please contact us before you come if your pet has any of the following- vomiting, diarrhoea, gastric upsets, skin conditions or open wounds or if you have a bitch in season as we may have to rebook your appointment.
- Please brush excess hair from your pet before your session and avoid walking in muddy or dirty water/puddles before you come in to hydrotherapy.
- Avoid feeding your dog a full meal for 4 hours before and 2 hours after hydrotherapy unless for medical reasons such as diabetes.
- Bring a towel with you to help dry your dog and ensure they remain warm until fully dry once at home.
- Please wear suitable footwear as the floor may become slippery during your pet's hydro session.
- Bring treats or special toys with you to help encourage your dog in the pool.
- Please inform us if your pet is very tired after swimming.

Prices for Fun Swim Sessions

- £20 per session for 1 dog
- £30 per session for 2 dogs

Special Offer

- Buy 5 sessions and get the 6th session free!

Our hydrotherapy team

We are the largest dedicated small animal Rehabilitation Centre in the North West offering both Chartered Veterinary Physiotherapy and Hydrotherapy in the form of both pool and water treadmill facilities.



Suzanne Cottrill BA, BSc, MSc Vet Physio, MCSP, Cat A member of the Association of Chartered Physiotherapists in Animal Therapy (ACPAT).

Suzanne qualified in 2003 as a Physiotherapist and specialised in animal physio, gaining her Masters degree in 2007. She is qualified to work with all animals and mainly works with dogs, cats and horses but has treated a rabbit and a couple of cows! She has worked at ChesterGates since qualifying in 2007 and has been involved in the development of the Rehab Centre since then. 'Constant changes are needed in this area as we learn new methods of treatment and gather more evidence. This is part of the enjoyment of working in this area; but also adds to the challenge of continuous improvement to ensure we offer the best service possible.'



Natalie Culshaw RVN with specialisation in Rehabilitation
Natalie has worked as part of the Cranmore-ChesterGates team since 1999, qualifying as an RVN in 2005.

Having worked in all the different nursing departments in both first opinion and referral, she decided to specialise in Rehabilitation. She has worked closely with the Chartered Physiotherapists since 2009 and has enjoyed expanding her skills in this field with a wide range of hands-on experience as well as giving and receiving formal training.



Fun Swims@ChesterGates



offering the best possible care for your pet when you need it most

ChesterGates Referral Hospital
Units E&F, Telford Court
Chestergates Road
Chester, CH1 6LT
Tel: 01244-853-823
www.chestergates.org.uk

Welcome

We would like to welcome you to ChesterGates Rehabilitation Clinic.

Revolutionising animal care, canine hydrotherapy is now recognised as a safe, enjoyable form of exercise for healthy dogs as well as a valuable tool for dogs recovering from injury or surgery. ChesterGates Referral Hospital has a new purpose built hydrotherapy suite which includes both a swimming pool and a water treadmill. With both hydrotherapy modalities available your dog will have the best opportunity to improve fitness and strength depending on his or her needs.

Our Pool Room is kept at a therapeutic 28°C with an ambient room temperature of 29°C. This ensures that your pet is kept in a warm environment no matter what the weather is like outdoors.

Most dogs are natural swimmers but, just like us, some are not so confident in the water. We offer buoyancy aids and assistance in the pool to help your pet become accustomed to swimming.



Safety First

It is important in the early sessions that your dog learns where he or she can enter and exit the pool and where he or she can stand up in the pool. This will help



reduce stress and build confidence. Harnesses are always placed on all our patients for additional peace of mind and qualified staff are always present in the pool room.

Swim times are increased gradually with each session to allow your pet to build up stamina. A maximum of 20 minutes in the pool is given per session. This is because a 5 minute swim is actually equivalent to a 10-15 minute run.

Benefits of Swimming for Dogs

- 🐾 Weight loss
- 🐾 Increased flexibility
- 🐾 Cardiovascular fitness
- 🐾 Increased stamina
- 🐾 Improved circulation
- 🐾 Healthy play time fun



Why Choose ChesterGates?

Bathing in the sea, a pond or a lake can be fun for your dog, but some of the hidden hazards include dirty water and sharp or dangerous objects underwater. Deep water, a much larger environment and strong currents can be a problem for even the most experienced of swimmers.

In colder months, both sea water and fresh water reduce to very low temperatures increasing the risk of your pet suffering from hypothermia.

Our heated pool room offers a controlled, clean and safe environment for your pet to enjoy the benefits of swimming all year round.

